

My name is Patricia McDaniel. I own Old Storefront Antiques which is located in Dublin, Indiana in Western Wayne County. For the past six years, I've chaired the Historic National Road Yard Sale which extends 824 miles from Baltimore, Maryland to St. Louis, Missouri.

In 2006 I spent a month traversing US 40 with Mr. Eli, my Airedale/wolfhound mix, promoting the Historic National Road Yard Sale. This Promotional Tour was a precursor to the celebration of the bicentennial of the National Road. Mr. Eli and I spent a wonderful month together sharing stories with individuals along the National Road, passing Historic National Road Yard Sale Flyers, and sampling regional cuisine from Baltimore to St Louis. No chain restaurants allowed!

I decided to embark on a second Promotional Tour in 2008 and spend sixty days on the road. Bed and breakfast hosts, restaurant proprietors, and other businesses donated their services in exchange for a listing on my website as well as an inclusion in my Travel Journal. ([www.oldstorefrontantiques.com](http://www.oldstorefrontantiques.com)). Again, regional food was paramount. It didn't take long to realize that each region of a specific state served their regional specialties with pride!

Joe Coleman, owner of Coleman's Fish Market in Wheeling, West Virginia gave me a personally-guided grand tour as well as a trip to his fish market. Joe wanted to know what I'd like to eat, and I told him to order anything he felt I should taste. I'd had Coleman's famous fish sandwiches several times before, so we opted for all sorts of other succulent seafood. Lightly battered scallops, perch, shrimp and oysters were eagerly consumed. All of the sides are sumptuous as well! Evidently Joe didn't want my hostess at the bed and breakfast and me to be hungry. He sent enough food for both of us for supper plus a snack, with a snack for the next day! And so the culinary quest continued for 2000 plus miles.

In June of 2009, I began working on the first of what will be several editions of the Historic National Road Yard Sale Cookbook. Letters were sent to restaurant owners, bed and breakfast proprietors, food-related businesses, and individuals requesting the best that they could offer from their particular region of a specific state. Deep fried morels from Illinois, breaded tenderloins from Indiana (both wet and dry), prize-winning sweet pickles from Ohio, Lebanese recipes representing one pocket of ethnicity from Wheeling West Virginia, paska (a Lenten specialty prepared by the ladies from the Russian Orthodox Church in Brownsville PA), and a recipe donated by Nora Roberts, the acclaimed writer who lives in Boonesboro, Maryland – these are random samplings of receipts indicative of food culture along the six states.

Two and one half months, 317 recipes, and several bottles of aspirin later, the Historic National Road Cookbook was submitted to the publisher.

Food pundits and folklorists will be able to try the sassafras tea which correlates with the legend of the Cry Woman Bridge in Dublin, Indiana, have fun making fruit loop bark with their grandchildren, and prepare a roast possum to serve to guests on a cold winter's night!

Preorders for the Historic National Road Yard Sale Cookbook are being accepted. And...these books will be ready by Thanksgiving! The price for one book is \$ 16.95 plus \$8 P & I. Two copies sent to one address is \$41.90. If five or more copies are purchased, the price is \$14. Please inquire about discounts for businesses or historic groups. Please make checks to: Ms Patricia McDaniel, POB 357, Dublin IN 47335. For additional information call 765-478-4809 or e-mail: [info@oldstorefrontantiques.com](mailto:info@oldstorefrontantiques.com).

Historic National Road Yard Sale

# COOKBOOK

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